



« NONE OF US ACTING ALONE
CAN ACHIEVE SUCCESS... »

— Nelson MANDELA, 1918-2013



2025 ACTIVITY REPORT

ENGLISH SUMMARY



INTRODUCTION

The 2025 Activity Report reflects ESA's continued commitment to bringing healthcare closer to vulnerable populations, especially those living in underserved and remote communities.

For more than eight years, **Medical Association ESA (Espoir Santé Afrique)** has been implementing healthcare initiatives in Cameroon through a model based on three core pillars:

- **Prevention** – to stop disease before it develops
- **Screening** – to detect illnesses early
- **Care** – to provide dignified treatment

ESA is a non-profit organization based in France, bringing together healthcare professionals and civil society members around one conviction: **access to quality healthcare is not a privilege, but a right.**

Through local partnerships, mobile health campaigns, community outreach, and telemedicine innovation, ESA continues to reduce healthcare inequalities.

PRESIDENT'S MESSAGE

2025 marked a major step forward for ESA.

A key milestone was the redeployment of our **Connected Mobile Clinic (telemedicine)**, allowing us to reach isolated populations and provide specialized healthcare directly in communities.

Over the years, ESA has organized **more than 15 medical outreach campaigns**, reaching **over 20,000 beneficiaries**.

Major 2025 missions included:

- **Baham (West Cameroon)** – April 2025, in partnership with REEL Baham
- **Dibombari (Littoral Region)** – May 2025, with the association of Femmes Élites PONGO (FELPO)
- **Ndélélé (East Cameroon)** – November 2025, in partnership with Fondation CFAO Solidarité et CFAO Infrastructure

ESA also continued developing its telemedicine platform **Dipita Touch**, expected to launch in 2026, strengthening access to remote consultations and medical expertise.

These achievements were made possible thanks to our donors, volunteers, and partners.

Health remains a fundamental right.



Dr Guy WELADJI,

Président, ESA



ESA HEALTH CENTER ANNUAL REPORT (YASSA-BWANG, DOUALA)

KEY MEDICAL ACTIVITIES (2025)

CONSULTATIONS

- A total of **447 medical consultations** were carried out:
 - **224 general consultations**
 - **120 specialized consultations:** Ophthalmology (60), Dentistry (26), Cardiology (28), ENT (6)
 - **103 prenatal consultations**

MATERNAL AND CHILD HEALTH

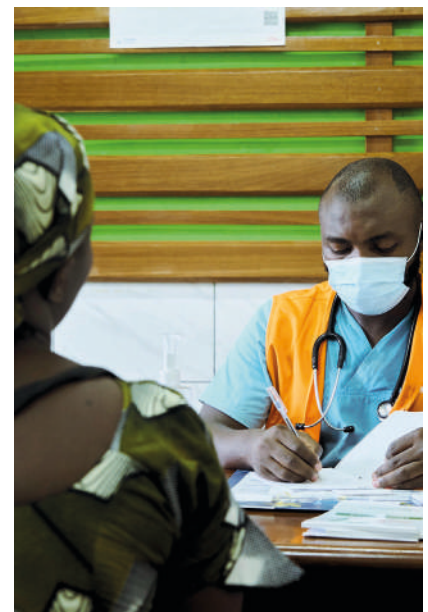
- **18 deliveries**
- **95 children vaccinated**
- **38 newborns received BCG**
- **10 contraceptive implant insertions**

HOSPITALIZATIONS

- **98 hospital admissions**, mostly women and children

LABORATORY

- **326 patients received biological testing** (72% men, 28% women)



COMMUNITY HEALTH OUTREACH

ESA conducted **7 community outreach activities** around Yassa, Douala.

Results:

- **297 community consultations**
- Vaccination catch-up campaigns
- Health education and awareness
- Patient referrals for follow-up care

These activities strengthened trust between ESA and local communities.



SOCIAL AND EDUCATIONAL SUPPORT

ESA also supported vulnerable children through:

Results:

- **172 school kits distributed**
- **3 children fully sponsored for school fees**
- **60 children supported through Christmas activities**

ESA also participated in sports and cultural initiatives promoting healthy lifestyles.



INSTITUTIONAL STRENGTHENING

To improve healthcare quality, ESA:

Recruited:

- 1 general practitioner
- 1 gynecologist
- 1 pediatrician
- 1 cardiologist
- 2 nurses

Invested in:

- New laboratory equipment
- Mobile dental equipment
- Institutional communication tools

ESA also signed **10 insurance partnerships**, expanding access for insured patients.





MAJOR HEALTH CAMPAIGNS IN 2025

BAHAM HEALTH CAMPAIGN (APRIL 2025)

➤ Results:

- **530 patients registered**
- **700 consultations**
- **276 complementary exams**

➤ Main findings:

- Hypertension: **38.9%**
- Hyperglycemia: **15%**
- Eye diseases (*cataracts, refractive disorders*)



DIBOMBARI COMMUNITY CAMPAIGN (MAY 2025)

➤ Results:

- **505 patients treated**

➤ Main findings:

- Hypertension: **30.9%**
- Hyperglycemia: **18.3%**

The campaign combined consultations, medicine distribution, and health education.

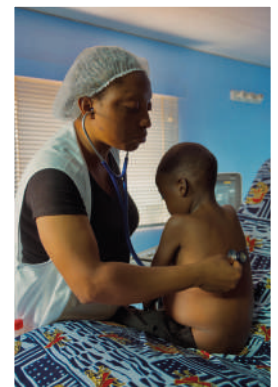


NDÉLÉLÉ HEALTH CAMPAIGN (NOVEMBER 2025)

Conducted with CFAO Solidarité and CFAO Infrastructure.

- Results:
 - **604 patients treated**
 - **622 consultations**
- Key findings:
 - Hypertension: **21.4%**
 - Hyperglycemia: **26.7%**

This campaign focused on vulnerable rural populations, including Baka communities and displaced families.



HEALTH PREVENTION IN GUADELOUPE – COMMUNITY OUTREACH 2025

In 2025, ESA expanded its community-based prevention activities in Guadeloupe through local health awareness initiatives focused on chronic disease prevention and healthy lifestyles.

LA DÉSIRADE (JULY 25-26, 2025)

In partnership with the Municipality of La Désirade, Dr. Lavergne, the Guadeloupe Heart and Health Clubs, the French Red Cross, and the *Infirmiers en Mouvement* association, ESA organized two open-access prevention days.

These activities provided the local population with health information, screening, and direct exchanges with healthcare professionals.

► Results:

- Around **80 beneficiaries**
- **30 participants** in the health conference
- **30 health screenings**
- **20 participants** in physical activity sessions

The initiative was coordinated by ESA and the Municipality of La Désirade, with the support of **10 volunteers**.



BOUILLANTE (SEPTEMBER 14, 2025)

As part of the Regional Day Against Sedentary Lifestyle, ESA participated in a prevention event organized by the Municipality of Bouillante.

The focus was on **diabetes and hypertension prevention**, promoting physical activity and regular health monitoring.

- Activities included:
 - Blood pressure screening
 - Blood sugar testing
 - Individual prevention counseling

These initiatives reflect ESA's commitment to delivering accessible, practical, and community-centered health prevention services.



STRATEGIC PARTNERSHIPS

In 2025, ESA strengthened several partnerships, including:

- **CAMNAFAW** (reproductive health)
- **CFAO Solidarité**
- **AFRICURE**
- Local municipalities
- Community organizations
- Schools and youth institutions

A major strategic agreement was signed with CAMNAFAW to improve maternal and reproductive healthcare through mobile medicine and telemedicine.



CHALLENGES

ESA faced several challenges:

- Limited financial resources
- Growing healthcare demand
- Logistical difficulties in remote areas
- Internet access limitations
- Electricity shortages affecting vaccine storage

CONCLUSION AND OUTLOOK FOR 2026

The year 2026 represents a new phase in the growth of Espoir Santé Afrique's activities, with a strong commitment to strengthening its presence among the most vulnerable populations.

ESA plans to expand its community outreach and mobile health campaigns, with particular attention to internally displaced populations from Cameroon's North-West and South-West regions, who often face precarious living conditions and limited access to essential healthcare services.

ESA plans to:

- Expand mobile health campaigns
- Launch **Dipita Touch** telemedicine application
- Strengthen child healthcare programs, neonatal screening
- Increase sickle-cell disease screening and care
- Improve the health center's energy autonomy
- Expand partnerships and specialized services

One of ESA's major priorities for 2026 will be to strengthen the energy autonomy of its health center. Frequent power outages continue to affect the continuity of care, the preservation of medicines, and the operation of medical equipment. To address this challenge, ESA aims to mobilize new funding opportunities to develop sustainable and reliable energy solutions, ensuring better quality healthcare for the communities it serves.

Another important milestone for 2026 is the arrival of an **International Solidarity Volunteer**, in partnership with the City of Baie-Mahault (Guadeloupe), the French Ministry for Europe and Foreign Affairs, and France Volontaires. This support will help strengthen ESA's operational capacity, professionalize its interventions, and expand its impact within local communities.

More than ever, ESA remains convinced that its strength lies in collective action. Its mission remains clear: to bring quality healthcare closer to the communities that need it most, with humanity, innovation, and solidarity.

« ACTION WITHOUT VISION IS ONLY PASSING TIME,
VISION WITHOUT ACTION IS MERELY DAY DREAMING,
BUT VISION WITH ACTION CAN CHANGE THE WORLD »

— Nelson MANDELA

CONCLUSION

2025 was a year of strong impact, innovation, and community engagement.

Through mobile clinics, telemedicine development, maternal care, community prevention, and social support, ESA continues to build a healthcare model that is accessible, human-centered, and sustainable.

None of this would be possible without the dedication of our teams, volunteers, partners, and donors.

To all those who, near or far, support our mission: thank you for believing in healthcare that is more accessible, more humane, and more equitable.

Together, let us continue in 2026 to build stronger opportunities for cooperation, innovation, and solidarity in service of communities.

Hope always grows when it is shared.

Dr Guy Weladji
President, ESA



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